

Main schedule table with columns for days of the week (月, 火, 水, 木, 金, 土, 日) and time slots (5:00, 6:00, 7:00, 8:00, 9:00, 10:00, 11:00, 12:00, 13:00, 14:00, 15:00, 16:00, 17:00, 18:00, 19:00, 20:00, 21:00, 22:00, 23:00, 24:00, 25:00, 26:00, 27:00, 28:00, 29:00). Each cell contains program details, host names, and contact information.